

PRESENTS

**Trauma Informed Care
Mary Hill Family & Youth Center**

1950 Mt St Mary's Dr., Nelsonville, OH 45764

November 19, 2025, 9a-1:15p

4.0 hours of nursing continuing education

Program Description

This course was developed to provide participants with a deeper understanding of the types of trauma faced by individuals, the symptoms associated with trauma, and strategies to effectively work with community members experiencing trauma. This interactive training equips **community health workers, nurses, and allied practitioners** with the knowledge and tools to recognize types of traumas and identify strategies to cope with and manage trauma responses.

What You'll Learn: Types and symptoms of trauma, strategies to cope with and manage trauma responses, and approaches for engaging with individuals who have experienced trauma.

Why It Matters: Creating supportive environments that promote healing, empowerment, and support is vital to communities while simultaneously identifying strategies to cope and manage our own stress responses.

Learning outcomes

After completing this activity, participants will be able to:

- Define types of traumas, symptoms, and treatments;
- Identify trauma informed care strategies, and strategies to cope with and manage trauma responses.

Disclosures:

Consortium for Health Education in Appalachia Ohio is approved as a provider of nursing continuing professional development by the Midwest Multistate Division, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

The Consortium for Health Education in Appalachia Ohio's Midwest MSD Provider Approval# is: **OH224-4** and approval is in place through **January 31, 2027**.



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