

# Social Determinants of Health: Empowering Community Health Workers to Navigate and Improve Client Outcomes Through Evidence-Based Practice

Dr. Michal Plavska leads this one-hour, self-paced activity to support CHWs in identifying and addressing social determinants of health (SDOH) domains.



**SDOH**  
Social Determinants Of Health

## Learning Outcomes

Participants will be able to:

- Define social determinants of health (SDOH) and examine their impact on community health outcomes;
- Identify evidence-based navigation strategies CHWs can use to address social determinants effectively;
- Apply screening tools and intervention strategies to improve client health outcomes;
- Recall two ways to help clients build confidence and navigate systems.

Register Now with QR code!



Community Health Workers (CHWs) play a vital role in identifying and addressing the social and environmental factors that shape health. This course explores the five domains of Social Determinants of Health (SDOH) and provides practical strategies for screening, navigation, and advocacy. Through real-world examples and evidence-based tools, CHWs will learn how to connect clients to resources, build confidence, and strengthen partnerships that improve health outcomes and equity in their communities.

Consortium for Health Education in Appalachia Ohio is approved as a provider of nursing continuing professional development by VTL Center for Professional Development, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

The Consortium for Health Education in Appalachia Ohio's VTL Provider Approval# is: OH224-4 and approval is in place through January 31, 2027.

This session is approved for 1.0 hours of nursing continuing professional development. This opportunity is jointly provided by the Area Health Education Center at the Ohio University Heritage College of Osteopathic Medicine and the OHIO Alliance for Population Health at the College of Health Sciences and Professions.



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