

# Do You Trust It or Trash It? A CHW Guide to Mis and Disinformation

Dr. Michal Plavska leads this one-hour, self-paced activity to support CHWs in recognizing sources of mis- and disinformation.



## Learning Outcomes

Participants will be able to:

- Define the terms misinformation, disinformation, and malinformation, and distinguish between them.
- Explain two potential impacts of mis and disinformation on individual and community health, including health equity.
- Identify at least three common channels and tactics used to spread mis and disinformation.
- Recall at least two reliable sources of health information appropriate for community use.

Register Now with QR code!



Mis- and disinformation spread faster than ever, impacting the health and wellbeing of our communities. In this interactive 60-minute session, Community Health Workers will learn how to recognize false or misleading health information, understand its effects on health equity, and practice simple tools to respond effectively. Participants will leave with practical strategies—like the L-A-S-T and SIFT approaches—to build trust, set boundaries, and guide community members toward reliable sources.

Consortium for Health Education in Appalachia Ohio is approved as a provider of nursing continuing professional development by VTL Center for Professional Development, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

The Consortium for Health Education in Appalachia Ohio's VTL Provider Approval# is: OH224-4 and approval is in place through January 31, 2027.

This session is approved for 1.0 hours of nursing continuing professional development. This opportunity is jointly provided by the Area Health Education Center at the Ohio University Heritage College of Osteopathic Medicine and the OHIO Alliance for Population Health at the College of Health Sciences and Professions.



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