

***Supporting People with Perinatal Mood & Anxiety Disorders
for Community Health Workers***

*Presented by:
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*Collaborated between the Ohio University College of Health Sciences and Professions
and the Consortium for Health Education in Appalachia Ohio*

Agenda:

Introduction and learning outcome overview	(5 min)
What are PMADs, prevalence, and impact	(10 min)
Signs and symptoms of PMADs	(5 min)
PMAD risks	(60 min)
Effective life-changing support	(5 min)
Evaluation and quiz	(5 min)
Total time:	(90 min)

Learning outcomes

By the end of this learning activity the clinician will be able to:

Identify common signs and symptoms of perinatal mood and anxiety disorders;

Describe the prevalence of various perinatal mood and anxiety disorders (PMADs);

Identify common signs of childbirth-associated PTSD;

Describe various root causes for many PMADs;

Identify an example of obstetric violence that utilizes coercion;

Describe the neurological basis for why newborns prefer continuous physical contact;

Identify the reasons the American Pediatric Association has strongly advised against bed-sharing with infants since 1994;

Describe the hazardous situations in which sleep surface-sharing with infants are statistically significant for a high risk of sudden unexpected infant death (SUID);

Identify options for support of people experiencing PMADs.

Continuing Education Credit

Consortium for Health Education in Appalachia Ohio is approved as a provider of nursing continuing professional development by VTL Center for Professional Development, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

The Consortium for Health Education in Appalachia Ohio's VTL Provider Approval# is: OH224-4 and approval is in place through January 31, 2027.



Event Disclosures

Speaker: Ash Dasuqi, BSN, RN, CPM, reports having no actual or potential conflict of interest in relation to this educational activity.

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You must attend/view the entire session, complete the evaluation, and complete the quiz with a passing score of at least 80% or better to receive CE credit.