



Adverse Childhood Experiences (ACEs) 101: Healing Ourselves to Serve the Community

Dr. Tanikka Price leads this one-hour, self-paced workshop to support CHWs as they heal from their own Adverse Childhood Experiences to most effectively serve communities!



[Register Now!](#)

Learning Outcomes

Participants will be able to:

- Discuss Adverse Childhood Experiences
- Interpret how Toxic Stress affects the brain and the body including understanding triggers.
- Recognize the bigger picture of how trauma experienced in childhood can be informing your behavior as a professional
- Describe how shame stops us from showing up as our authentic selves in a way that will help us better serve our clients
- Explain how building on the strengths of our parents, grandparents and caregivers will offset the negative things passed down through trauma and adversity.
- Assess the impact of having one person believe in you and walk alongside you. To become that as a CHW and to give honor to those that were that for us in the past.
- Recall how to arm ourselves with the Five Fs to move forward, sharing our stories more confidently without shame.

Join Dr. Tanikka Price for this exciting workshop to gain an understanding of the impact of having one person believe in you, walk alongside you, and support you. As a community health worker (CHW), you have the ability to honor those who walked alongside you in the past, as you do for members of your own community.

Do you have an Adverse Childhood Experiences score of 4 or more?

Have you always wanted to deal with the shame of your past and move forward?

If so, then this workshop is for you!

Spend an hour learning tools that can be used in both your personal and professional life!

Consortium for Health Education in Appalachia Ohio is approved as a provider of nursing continuing professional development by VTL Center for Professional Development, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

The Consortium for Health Education in Appalachia Ohio's VTL Provider Approval# is: OH224-4 and approval is in place through January 31, 2027.



Register now with the QR code or the link above!